



St James' CE Primary School

Newsletter Issue 26

Our Vision is:

Within our community we strive to develop **deep roots**, **strong growth** and **freedom to flourish** as a unique and whole child of God.



Deep Roots



Strong Growth



Freedom to Flourish

Our vision is linked to Matthew 13 – The Parable of the Sower – ‘... but the seed falling on good soil refers to someone who hears the word and understands it.produces a crop, yielding a hundred, sixty or thirty times what was sown.’

Our Values are Kindness and Respect:

Autumn 1 : Responsibility

Spring 1: Perseverance

Summer 1: Courage

Autumn 2 : Friendship

Spring 2 : Trust

Summer 2: Positivity

Dates for your Diary

Swimming Lessons have started

for Yr4 (Every Tuesday)

Please ensure the children bring their kit in a separate bag to school

Tuesday 23rd April

Netball Matches at Prince of Wales

(if your child is attending this will have received a letter)

Wednesday 24th April

Parents Consultation

School finishes at 1.30pm

Appointments 2-7pm

Please ensure you have booked an appointment

Thursday 25th April

KS1 Panathlon at Lea Valley Athletics Centre

(if your child is attending this will have received a letter)

Monday 6th May 2024

Bank Holiday - School closed

Monday 13th May - Thursday 16th May 2024

Year 6 SATS WEEK ASSESSMENTS

Monday 27th - Friday 31st May

Half Term - School CLOSED to all pupils

Monday 3rd June INSET DAY

- School CLOSED to all pupils

Children Return to school - Tuesday 4th June at 8.45am for summer Term 2

A message from Mrs Everard

Dear All,

Welcome back to our final term this year, the time is certainly flying by! The summer term is full of memorable events and hopefully with the joy of sunshine and dry weather! It was wonderful greeting everyone this week, seeing their smiles this week at being back at school, in class learning as well as them reuniting with their friends! It was especially lovely to see everyone in their smart school uniforms, please remember that children must have black shoes on for school, hair if long enough must be tied up for school and please ensure that no jewellery is worn around their wrists or necks.(only a watch if needed) Our uniform policy can be found on our website:

<https://www.stjamesenfield.org.uk/page/?title=Uniform&pid=30>. Summer uniforms can now be worn. Being smart is part of our vision and values and helps the children take pride in showing their respect and responsibly for themselves, the school and their place within it.

As we begin a new term, we start a new value, this term we are focusing on courage, we will be looking at how having self-belief builds



courage, we will also look at how having faith in yourself, faith in God and in each other helps you feel confident. This is a really important term with assessments for the children as they secure their skills and learning in class and through testing such as SATS (Y6), Phonics (Y1&2) and Yr4 timestables testing which are statutory. These tests alongside our own assessments help children show their strengths and areas for development before moving on to their next year group or even a new school for our Year 6. With this in mind - I look forward to welcoming you into school on Wednesday for Parents Consultations where you can find out more about your child's learning and life in school.

Here's to a wonderful Summer Term full of success

God Bless, Mrs Everard



Celebration Superstars



Each week we celebrate children for their work in class or around the school as well as someone who has shown our $\frac{1}{2}$ termly value. This term our value is courage.

Year 1	Year 3	Year 5
<p><u>Rebecca</u>: for being focused and trying really hard with her phonics which have helped to improve her reading - Well done!</p> <p><u>Akrofi</u>: for showing courage this week despite his difficulties with the sling.</p>	<p><u>King</u>: for always working hard in class, being a great role model to others and always wanting to please- he has started the term brilliantly!</p> <p><u>Azra</u>: for growing in courage when speaking in English, at the start of the term she was very quiet and now she is confidently speaking to adults and her peers!</p>	<p><u>Jason</u> for making a fabulous start to the term in class, being focused on his work and wanting to do better!</p> <p><u>Xavier</u>: for showing courage in class to try and achieve success even when something is tricky.</p>
We are so proud of you for your success in class - Congratulations!		





Weekly winners

1st: Sharkey

2nd : Ronaldo

3rd Attenborough

4th : Edison

Congratulations to

2nd : Sharkey



Well done to Adelina
for achieving the
science week certificate
from last term



Well done to Klara for
completing the 'Tiger
Teams' sports
challenges with Vicky



ATTENDANCE EVERY DAY COUNTS!

YR	Yr1	Yr2	Yr3	Yr4	Yr5	Yr6
99%	88%	99%	96%	94%	97%	56%

Wow- what a great start to the term - 6 classes all in the Green Zone! Especially Reception & Yr2 with the highest! Being at school, learning, flourishing is so important - Children **MUST** be at school - so let's try and challenge ourselves to get all classes in the green Zone this term as many times as possible!

REMINDER OF TIMIMNGS

Main Gate opens at 8.35am

School Gate at 8.40am

ALL CHILDREN SHOULD BE IN CLASS BY 8.45AM

Collection Time:

Reception & KS1 (Y1/2) : 3.15PM

KS2 (Y3/4/5/6) : 3.20PM

Please be on time to
collect your child!

Sports Award



Vicky - our sports Leader who takes the children for their PE lessons, she selects 2 children each week who stand out in skill, sportsmanship and learning behaviour. Allowing children to flourish and grow.

Joshua A

for his great timing
when dancing and
listening to music
from different
cultures

Tatjana Yr5

for having self-belief
and pushing herself to
achieve more,
participate more to
achieve success!



PE KIT REMINDERS

All children should have a PE Kit in class that consists of:

- Plain blue/black shorts
- Plain white t-shirt
- plimsolls/trainers

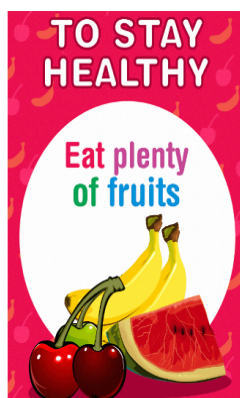
it is still chilly so a plain blue/black joggers and jumper may also be needed - All items should be named.

This should be brought in to school on a Monday and STAY IN SCHOOL for the week/ term.

PE is should important for physical and mental health, so please help us by ensuring that your child is organised so that they don't miss out on these lessons!

Playtime Snacks

Please try to send your child with a healthy snack for breaktime. This will help them concentrate in class as well as keep learning as our lunch break isn't until 12.45pm. Please ensure that you choose from the suggested list:



- fruit / dried fruit
- vegetables (e.g., carrot sticks, tomatoes, cucumber etc)
- cereal bars (no chocolate)
- crackers
- breadsticks
- healthy biscuits (e.g., Belvita) Or plain biscuits (Rich Tea/digestives)
- Yoghurt tubes



Please do NOT send your child to school with:

- chocolate
- sweets
- biscuits
- crisps
- cakes
- pies/pastries



Learning review Day - Wednesday 24th April 2024

School will close at 1.30pm on Wednesday - please ensure you pick your child(ren) up on time and that you have made an appointment.

If you haven't already done so, please ensure YOU have booked your appointment via Teach to parents app, if you are having difficulty either call the school on 02088041987 or pop into the office and chat to Ella or Asli





Congratulations Jasmine on her effort and concentration on TTRS, to become a Rock legend! Massive improvement of speed and Skill! We are so proud of you!



Congratulations to Alfie & Kayleigh for becoming a Rock Hero. These children have worked hard on their speed to move to the next level! Can **YOU** be here next time?



Some Year 4 boys took part in a 5 a side football event. We had a great afternoon playing lots of games against other schools. They showed our value of courage and perseverance!



Basketball Team

This year we entered the basketball competition against 14 other schools - it was very tough and challenging but we finished in 3rd position! Huge congratulations to the Team

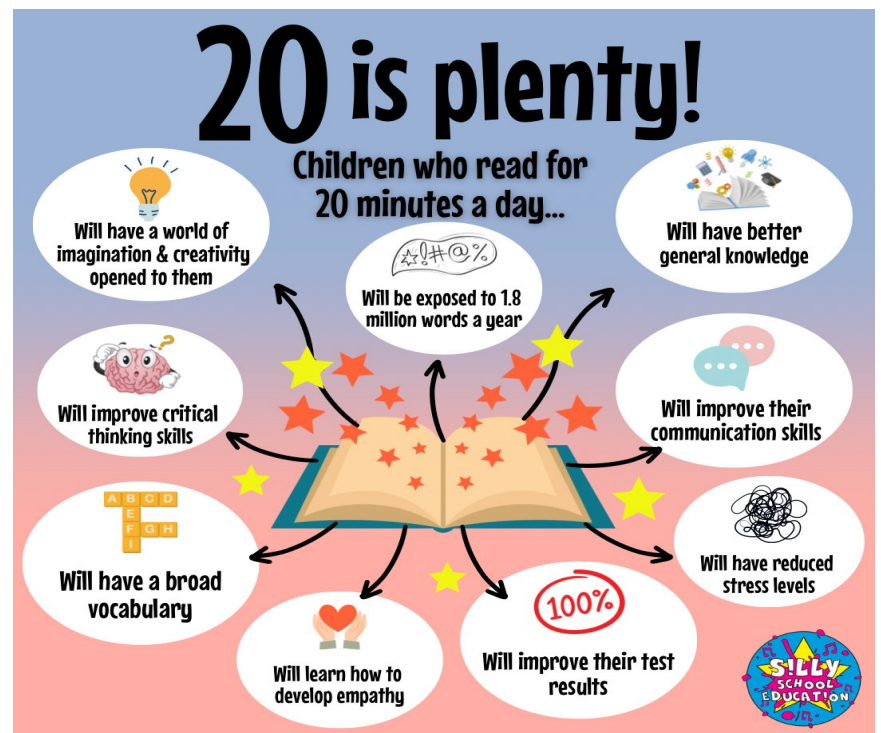


Summer Term 2024

Friday 19th April 2024



Please ensure that you are helping your child succeed by reading, practising phonics, spellings, accessing TTRS and maths shed



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Please ensure that your child reads to you at home - or they read to themselves daily every evening. Their record should be signed to say this has happened.
WE REALLY NEED YOUR SUPPORT!

Reading opens the door to learning and flourishing!
Your child's diary is checked daily in class - so please ensure this is completed.

Local History

Each class have started or will be starting their 'Local History' unit on Enfield.

Ask them what they are learning about?

What happened in Enfield in the past?

Why is Enfield Famous?

I look forward to sharing with you some of the children's learning this term.

Here are some dates for your diary:

Year 4 timetable check - Wk beginning 3rd June 2024

Year 1 & 2 Phonics Check Wk beginning 10th June 2024

Humanities and Spanish Week 17th June - 21st June 2024

Sports Day : Wednesday 3rd July -

Reception & KS1 9.15am

Ks2 10.45am

Parents/ Carers are welcome to



Online safety Tips:

<https://www.internetmatters.org/>

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to military conflicts around the globe, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

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TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

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ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

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FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

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BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

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IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.

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Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



National Online Safety

#WakeUpWednesday