



Celebration Worship



This week our class focus was on: Reception , Year 1, Year 3 and Year 5

Reception Class:	Year 1 & Year 2:	Year 3:	Year 5:
<p><u>Maane:</u> for settling in so well to reception class and for being enthusiastic and creative in her learning.</p> <p><u>Ihoaa:</u> for being a lovely friend and always showing kindness.</p>	<p><u>Avram:</u> for his improvement in writing independently and showing our value of perseverance when it is tricky</p> <p><u>Ernesto:</u> for showing our value of trust and responsibly in his learning</p> <p><u>King:</u> for working hard in class and always trying his best to improve his skills</p> <p><u>Elias:</u> for being a super values ambassador in class!</p> <p><u>Niko(Yr2):</u> for showing kindness and friendship to others in his work and play.</p>	<p><u>Aseel:</u> for working hard in class and always trying her best in all areas!</p> <p><u>Elizya:</u> for being a great role model in class and always following the values</p>	<p><u>Eliya:</u> for working hard in class and putting in effort to produce high quality work!</p> <p><u>Lena:</u> for always following our values and being a great role model</p>



MATHS AWARD

As part of Maths Week before half-term Mr Kay set the children a task to create a mathematical poster/ be a great Mathematician & these children were chosen as the winners:



Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
William, Caterina, Olsi, Ernesto	Victoria & Janelle	Destiny	Djennifer	Oliver & Patrick	Mayson & Safiya

TIMES TABLES ROCK STARS



Congratulations to Elissa and Isaiah on achieving Rock Legend Status! Super work!



Congratulations to Seanna and Ronald on achieving Rock Hero Status! Super work!

Geography Homework Champion!



This week we are celebrating Georgio & Aisha for creating Earth friendly art linked to their topic on protecting the planet! . Thank you and well done!



Weekly winners

1st : Edison
2nd : Ronaldo
3rd : Sharkey
4th: Attenborough

Congratulations to Edison Team

ATTENDANCE EVERY DAY COUNTS!



YR	Yr1	Yr2	Yr3	Yr4	Yr5	Yr6
98%	95%	91%	97%	97%	99%	98%

Well done to the classes in the green Zone - we nearly did the whole school - Let's keep it up! Being at school, learning, flourishing developing those friendships is so important!

We are now in the season where coughs, colds, sore throats etc are more prevalent. We are washing hands, using hand sanister within school - can you please remind your children to also wash hands, throw tissues in the bin etc to help protect us against illnesses. This will help ensure that they are not unwell and that they are in school. Remember medication can be administered at school, please see Ella in the office for more details.

BEING IN SCHOOL IS SO IMPORTANT - YOUR CHILD WILL FLOURISH & GROW WITH US!

Online Safety Tips: <https://nationalcollege.com/parents>

YouTube

YouTube is a video sharing site/application that enables you to upload, view, rate, share and comment on a wide variety of videos. Consisting of a huge resource of information, advice and entertainment, YouTube now has 1.9 billion logged-in monthly users who watch a billion hours of video daily. Most of the content on Google-owned YouTube is uploaded by individuals, but organisations and media companies also offer some of their content via this platform.

AGE RESTRICTION 13+

What parents need to know about YouTube

SPENDING A PREMIUM
YouTube Premium (formerly YouTube Red) is a new paid streaming subscription service in the UK, offering a three-month free trial to tempt viewers into a £12-per-month plan. This includes the ability to download videos, stream videos with the app in the background, gives exclusive access to original content and a separate music streaming service and gaming app.

DANGEROUS 'CHALLENGE' & VIRAL VIDEOS
On YouTube, 'challenge videos' are shared quickly and can be very dangerous. One person may post a video of themselves doing something unusual like eating a hot chilli or jumping in a river and before you know it, the video goes viral and everyone wants to join in and share their videos. The speed in which challenge videos spread across the Internet makes it difficult to keep up with the latest ones.

SHARING VIDEOS
As well as watching videos, many children are keen to share their own videos online, emulating their YouTube heroes, such as Stampy or DanTDM. However, if they post something on YouTube, they may later regret it or feel embarrassed about what they have shared. There is also a risk that they will receive hurtful or negative comments regarding not only their content, but also their appearance. YouTube's comment section is infamous for being one of the most opinionated on the Internet.

AGE-INAPPROPRIATE VIDEOS
As YouTube is the biggest video sharing website in the world, there is content available for all ages, meaning that some content will not be appropriate for your child. If you think that content is unsuitable, there is a flagging feature to submit it for review by YouTube staff, but you will need to be aware that just because video is not appropriate for a younger audience, it may not violate YouTube's policies. YouTube has mechanisms in place to automatically remove explicit and harmful content, yet offensive content may still slip through.

IN-APP MESSAGING
When your child is logged into their Google account and browsing the YouTube website, they can share and talk about videos with their friends using the chat bubble. This can be found at the top right of the desktop site or through in-app messaging on their mobile or tablet. When they tap on the 'Friends' icon, they have a list of suggested people from their contacts - which can be any contact they've had on Google or somebody who has sent them an invite link.

LITTLE REMINDERS OF HOW TO BE KIND ONLINE

ONLINE ABUSE CAN HAVE A SEVERE IMPACT ON PEOPLE'S LIVES AND IS OFTEN TARGETED AT THE MOST VULNERABLE. CYBERBULLYING HAS BEEN SHOWN TO HAVE PSYCHOLOGICAL AND EMOTIONAL IMPACT. IN ORDER FOR US TO DEVELOP EMPATHY FOR OTHERS WE SOMETIMES NEED TO MOVE AWAY FROM FULFILLING OUR OWN NEEDS AND THINK ABOUT THE NEEDS OF OTHERS. THIS IS SOMETIMES MORE CHALLENGING ONLINE BECAUSE WE CANNOT SEE THE PERSON. CONNECT WITH HOW THEY FEEL NOR INTERACT FACE TO FACE.

THIS GUIDE WILL HELP YOU TO BE MORE CAREFUL ONLINE AND IS SUITABLE FOR ANY ENVIRONMENT I.E. GAMING, MESSAGING, AND SOCIAL MEDIA. IT WILL HELP YOU TO UNDERSTAND THE IMPORTANCE OF SHOWING KINDNESS AND HOW TO DEVELOP EMPATHY ONLINE.

TOP TIPS FOR EVERYBODY #WAKEUPWEDNESDAY

UNDERSTAND WHAT 'EMPATHY' IS
EMPATHY IS THE SKILL OF RECOGNISING, UNDERSTANDING AND CARING ABOUT ANOTHER PERSON'S FEELINGS AND TAKING ACTION TO HELP. THIS IS TRICKIER ONLINE BECAUSE RECOGNISING AND IMAGINING HOW ANOTHER PERSON FEELS IS HARD WHEN WE ARE NOT WITH THEM FACE TO FACE. WHEN WE TRY AND UNDERSTAND HOW SOMEONE FEELS THROUGH WORDS ALONE, IT CAN LEAD TO CONFUSION OR A MISUNDERSTANDING.

FEEL SEE AND UNDERSTAND
IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS UNDERSTANDING HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING PERHAPS DEVELOP A MENTAL PICTURE OF THEM, SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

DEVELOP SELF EMPATHY
ALTHOUGH WE TEND TO SHOW THE BEST OF OUR LIVES THROUGH SOCIAL MEDIA, THE REALITY IS WE ARE NOT ALL PERFECT. HAVING EMPATHY FOR OTHERS MEANS WE NEED TO ALSO HAVE SELF EMPATHY. IF WE UNDERSTAND THAT WE ARE NOT ALL PERFECT, INCLUDING OURSELVES, WE CAN FIND KINDNESS.

OFFER HELP
ACCORDING TO DR DAN SELIGER, A CLINICAL PROFESSOR OF PSYCHOLOGY, BEING KIND IS REALLY ABOUT RESPECTING EACH OTHER'S VULNERABILITY AND WANTING TO HELP. SO, WHEN SOMEONE IS SHARING THAT THEY ARE STRUGGLING OR FINDING LIFE HARD, OFFER HELP. EVEN IF THE HELP IS A LISTENING EAR OR SAYING, 'I CAN UNDERSTAND YOU WOULD FEEL THAT WAY, I'M HERE FOR YOU.'

TRY TO ADD VALUE
CONSIDER, BEFORE YOU COMMENT ON A POST OR IMAGE, HOW CAN I HELP THIS PERSON TO LOWER THEIR SADNESS? HOW CAN I ADD SOMETHING TO IMPROVE THEIR DISTRESS AND HAPPINESS? SHOWING OTHER PEOPLE'S PAIN AS ENTERTAINMENT AS A WAY TO GET NOTICED OR MORE LIKES DOES NOT ADD VALUE.

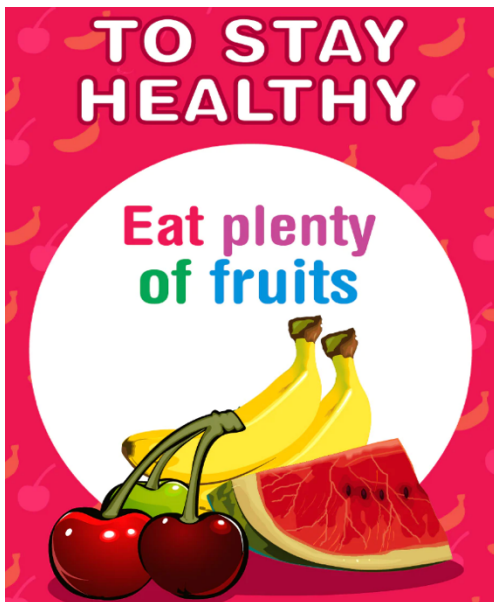
BE RESPONSIBLE
THINK TWICE BEFORE YOU ACT. CONSIDER, ARE YOU ACTING ON ANGER, FRUSTRATION OR IN A MOMENT OF JUDGING A SITUATION WITHOUT KNOWING THE TRUTH? ONLINE, IT IS EASY NOT TO HAVE ALL THE FACTS AND REACT TO A SITUATION WHICH IS BEING PORTRAYED.



Here are some websites to help you:
<https://thenourishedchild.com/mega-list-toddler-snack-ideas/>
<https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/#packaged-snacks>

Playtime Snacks

Please try to send your child with a healthy snack for breaktime. This will help them concentrate in class as well as keep learning as our lunch break isn't until 12.45pm. Please ensure that you choose from the suggested list:



- fruit / dried fruit
- vegetables (e.g., carrot sticks, tomatoes, cucumber etc)
- cereal bars (no chocolate)
- crackers
- breadsticks
- healthy biscuits (e.g., Belvita) Or plain biscuits (Rich Tea/digestives)
- Yoghurt tubes



Please do NOT send your child to school with:

- chocolate
- sweets
- biscuits
- crisps
- cakes
- pies/pastries



Please remember that we will NOT be giving out sweets/ chocolates or birthday bags at school.

If you would like to buy something for the children - please either buy a book for the class library or check out the amazon wish list if you would like to purchase something:

<https://amzn.eu/d2KKPfk>